

# ST. GABRIEL OF CORPUS CHRISTI

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## MEMORY CARE

· Everyday - 1:00 Walking Club (weather permitting) · Every Tuesday - 1:00 Walmart · Every Wednesday - 11:30 Lunch Outing · Every Thursday - 1:00 Mall Walks

### Monday

- 10:00** Gentle Stretching
- 10:30** Stretch & Strengthen
- 11:00** Wii Bowling
- 2:00** Happy Hour
- 3:00** Music Monday
- 7:00** Card Club

### Tuesday

- 9:00** Friendly Visits
- 10:30** Sittercise
- 11:00** Pet Therapy
- 2:00** Happy Hour
- 2:15** Bingo
- 4:00** Polka Music
- 6:00** Movie

### Wednesday

- 9:00** Bible Study
- 10:30** Stretch & Strengthen
- 11:00** Pick Your Art
- 2:00** Happy Hour
- 3:15** Rehydrate
- 4:00** Balloon Volley
- 7:15** Worship Service

### Thursday

- 10:00** Dog Visits
- 10:30** Sittercise
- 11:00** Brain Games
- 1:00** Bean Bag Toss
- 2:00** Happy Hour
- 3:00** Music with Melody
- 6:00** Painter's Pick

### Friday

- 9:00** Smooth Moves
- 10:30** Stretch & Strengthen
- 11:00** Favorite One Dish
- 1:00** Meals
- 2:00** Table Games
- 6:00** Happy Hour

### Saturday

- 9:30** Nail Care
- 10:30** Stretch & Strengthen
- 11:00** Book Club
- 2:15** Bingo
- 4:00** Men's Club

### Sunday

- 10:00** Stretch & Strengthen
- 11:00** Church Service
- 1:30** Devotion
- 3:00** Fellowship
- 4:00** Women's Club